



05.17.25 • Hyannis, MA

Schedule of Events

8:30 AM Check-in

Memory Wall, resource tables + pre-walk activities!

9 AM Mindful Movement

Bring a yoga mat or towel and join Sue Andersen Yoga for gentle movement on Veterans Park Beach.

10 AM Opening Ceremony

Featuring several speakers with personal connections to the cause

10:20 AM Walk begins

11:30 AM Closing Circle

Walkers are invited to participate in a closing mindfulness exercise.

After the walk, stay to mingle and treat yourself to a bite to eat at the food trucks!